SEABAG

S = SITE ASSESSMENT

A) Shore Features and Facilities
   1. Name of Area
   2. Type of Beach
   3. Restrooms and Showers
   4. Parking and Fees
   5. Beach Access
   6. Food Facilities
   7. Trash Containers

B) Water Conditions
   1. Tides
   2. Waves
   3. Surge
   4. Surf
   5. Currents (long/rip)
   6. Visibility

C) Entry and Exit Points
D) Reef and Bottom Composition
E) Local Plants and Animals
F) Danger Areas

E = EMERGENCIES

A) Phone Locations and Numbers (911)
B) Beach Name
C) Oxygen & First Aid Kit Location
D) Out of Air Emergencies
E) Lost Buddy Procedures
F) Emergency Signals
G) Chain of Command

A = ACTIVITIES AND SIGNALS

A) Entry and Exit Procedures
B) Maximum Depth
C) Maximum Time
D) Minimum Air and Check Points (PSI)
E) Turn Around Point (Depth, Time, &/or PSI)
F) Objectives and Sequence of Events

All of the above is to be done before gearing up
Do these after gearing up and before getting in the water

**B = BUOYANCY**

A) BC (buoyancy compensator)
   1. Holds Air
   2. Oral and Power Inflators Operate
   3. Dump Valves Function
   4. Hoses Not Tangled

B) Weight Belt
   1. Free of Straps
   2. Can Operate Release Mechanism
   3. Buckle is Centered and Closed

**A = AIR**

A) Tank is Full (check before leaving dive store & again before getting in the water)
B) Regulator Breathes Well (watch SPG)
C) Tank is Secure (watch tank height)
D) Air is ON

**G = GEAR AND GO**

A) Assist with Fins (figure 4)
B) Check Mask Seal (hair and hood)
C) Enter Together with Snorkel or Regulator in mouth